

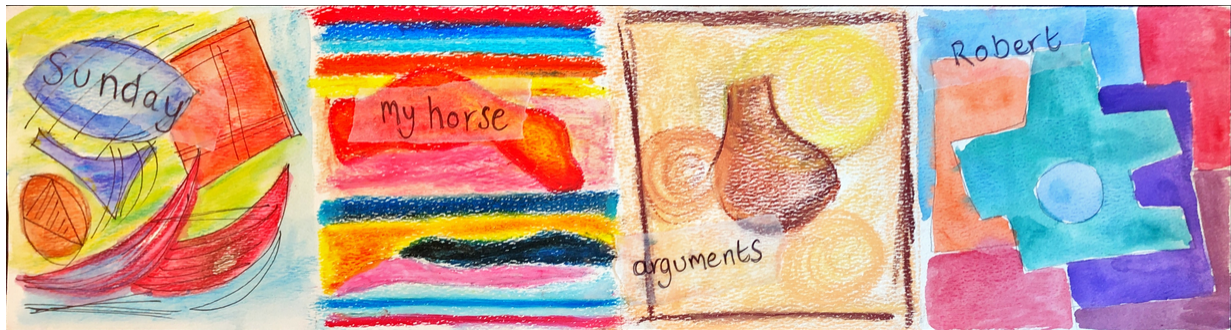
# The Art of our Relationships Lesson Plan

The Robert McLaughlin Gallery  
Learning & Engagement



## Grades 2-5

**Studio Description:** Use mixed-media on watercolour to explore our different emotions and reinforce self-reflection.



The Art of our Relationships studio image

**Project Objectives:** Using inspiration from the RMG's current permanent collection exhibition and the Painters Eleven exhibition students explore the value of relationships and community through visual images including abstraction.

## The Art of our Relationships Video

The Art of our Relationships video discusses how art is a connector between us, artists often use the theme of relationships as a subject of their work. What can art teach us about the questions we should ask ourselves to enhance our emotional intelligence & self-development?

## Materials you will need are:

- Watercolour Paper
- Fine and ultra fine sharpie markers
- Watercolour pencil crayons
- Watercolour brushes
- Water container
- Oil Pastels
- Chalk pastels
- HB Pencils
- Watercolour paint sets



## Suggested Topics for Discussion

- Different types of relationships
- Emotions
- Individuality
- Empathy
- Community
- Abstract Expressionism
- Phobias

## Instructions

1. Fold watercolour paper into quarters- Calming, Energetic, Tolerance & Understanding and Sadness sections.
2. Calming section- Draw loose abstract shapes (ovals, slices, misshapen squares and triangles).
3. Use watercolour pencil to mix calm colours.
4. Blend with water and paintbrush.
5. Add sharpie lines around the shapes and in the background.
6. Energetic section- use oil pastels and draws various size lines across the section.

7. Add some funky shapes with the oil pastels.
8. Fill in the oil pastels, blend “like colours’ together like orange and yellow.
9. Mix pale colours by adding blue underneath and white on top.
10. Sadness section – use “neutral tones” chalk pastels and draw yourself as a “vessel” or shape ( it can look human or not) in the middle of your section.
11. Fill in the vessel and add swirls in the background.
12. Tolerance & Understanding section – draw yourself as a circle somewhere on the page.
13. Draw a large jigsaw piece around it.
14. Connect shapes to the jigsaw piece using lines and misshapen squares.
15. Using watercolour paint, paint yourself and your jigsaw piece in your favourite colours.
16. Paint in all of the other shapes around you to represent other people.
17. Write a word for each section that represents the associated feeling onto pieces of tracing paper using the sharpie.
18. Glue them to their respective sections.

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